

Argomento: Ordine Psicologi Marche

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'Eco-anxiety' growing say psychologists

Source of stress, sadness, fear, young people most at risk

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(ANSA) - ROME, JUL 28 - 'Eco-anxiety' due to the growing manifestations of extreme weather linked to the climate crisis is growing, Italian psychologists said Thursday.

The crisis affects people's health spurring states of stress, anxiety, sadness and also major fears for the future, said the Marche psychologists guild.

"Eco anxiety has been spawned by events that had previously been exceptional becoming increasingly more common and severe," said Katia Marilungo, chair of the guild in the north-central Adriatic region.

"Young people are most at risk," she said. (ANSA).

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'Eco-anxiety' growing say psychologists

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